

**NORTHUMBERLAND SCHOOLS' ATHLETIC ASSOCIATION**

Established 1949

**GIRLS BEST PERFORMANCES**

EVENT	JUNIOR			INTERMEDIATE			SENIOR		
100m	<u>Melissa Anderson</u>	12.27w	1996	<u>Joy Eze</u>	11.93	2019	Kimberley Walton	12.1	1984
							<i>Susan Folorunso</i>	12.1	2022
200m	<u>Joy Eze</u>	24.76	2018	<u>Jenny Graham</u>	25.51	2004	<u>Titi Ameobi</u>	24.56	2003
300m	Alice Geoghegan	42.1	2019	Heather Macdonald	40.9	2018	-		
400m	-			-			Nisha Desai	57.3	2002
800m	Ava Taperell	2:13.1#	2017	<u>Stacey Smith</u>	2:08.52	2006	<i>Stacey Smith</i>	2:07.9	2008
1500m	Nichola Coates	4:37.7	1995	<u>Laura Weightman</u>	4:26.02	2007	<u>Laura Weightman</u>	4:24.96	2009
Steeplechase	-			<i>Alannah Browne</i>	6:07.70	2016			
3000m	-			<u>Amanda Tremble</u>	9:50.42	1993	<u>Holly Waugh</u>	9:49.96	2022
Hurdles	<u>Kate Forsyth</u>	11.06	1993	<u>Rebecca Liddell</u>	11.36w	2008	Kate Forsyth	13.94	1997
				<u>Kate Forsyth</u>	11.4w	1994			
300m Hurdles	-			<u>Senna Gorvett</u>	44.95	2023	-		
400m Hurdles	-			-			Claire Brason	61.6	2001
High Jump	Andrea Laws	1.64m	1984	<u>Jane Truman</u>	1.73m	1982	<u>Nicola Baker</u>	1.72m	1982
Pole Vault	Izzy Potier-Godinho	2.75m	2016	<u>Sally Scott</u>	3.55m	2007	Kate Rickerby	1.73m	2022
	<i>Martha Hewitt-Chapple</i>	2.75m	2022						
Long Jump	<u>Michelle Margison</u>	5.54m	1991	Angela Wallace	5.60m	1979	<u>Carol Pears</u>	5.69m	1975
Triple Jump	-			<i>Emma Pringle</i>	11.59m	2008	<u>Emma Pringle</u>	12.27m	2010
Javelin	Bobbie Griffiths	35.62m	2015	<i>Bobbie Griffiths</i>	43.62m	2017	<u>Bobbie Griffiths</u>	40.34m	2019
Discus	Dawn Watson	30.17m	1981	<i>Claire Moore</i>	36.81m	1998	<u>Lianne Tucker</u>	42.26m	2005
Shot	<u>Leila Thompson</u>	12.62m	2022	<u>Lucy Giles</u>	12.43m	2019	Emma Pringle	10.92m	2010
Hammer	<u>Kaitlyn Waddell</u>	45.47m	2021	Kaitlyn Waddell	49.91	2023	<u>Shirley Webb</u>	47.33m	2000
Com. Events	<u>Geogina Mabbott</u>	2870	2019	<u>Sadie Parker</u>	4525	2023	<u>Sophie Bronze</u>	4581	2016

\* 1986 & 2021 Trial Meeting      # CBP Set at Minor Championships      = Equals Record      ^ Heavier Weight Thrown  
 CBP      INTER COUNTIES      at ESAA      ESAA MEDAL      UKSG or SIAB or C EVENTS

**BOYS BEST PERFORMANCES**

EVENT	JUNIOR			INTERMEDIATE			SENIOR		
100m	Jason Urron	11.4	1986*	David Riley	10.9	2001	Liam Collins	10.8	1997
				<u>Jason Urron</u>	10.9	1988	<u>Jason Urron</u>	10.8	1989
200m	<u>James Sinclair</u>	22.99	2002	<u>David Riley</u>	21.67	2001	Cameron Tindle	21.41	2015
300m	<u>Shaun O'Hara</u>	37.20	2014	-			-		
400m	<u>Adam Rowland</u>	52.24	2006	<u>Joe Robertshaw</u>	48.88	2012	<u>Matthew Waterfield</u>	48.72	2019
800m	<u>Magnus Riddell</u>	1:59.76	2023	<u>Zak Old</u>	1:55.66	2021	<u>Terry West</u>	1:49.6	1988
1500m	<u>Max Pearson</u>	4:06.50	2014	<u>Ross Murray</u>	3:55.70	2007	<u>John Lucas</u>	3:50.6	1984
Steeplechase	-			<u>Paul Dickie</u>	4:21.99	1991	<u>Steve O'Gara</u>	5:54.7	1989
3000m	-			<u>David Miles</u>	8:31.8	1982	<u>Sean Cundy</u>	8:19.0	1985
Hurdles	<u>Luke Pichler</u>	11.28w	2022	<u>Ben Warmington</u>	12.90w	1995	<u>Jason Nicholson</u>	13.78	2017
400m Hurdles	-			<u>Niall S Flannery</u>	52.57	2007	<u>Niall S Flannery</u>	51.98	2009
High Jump	<u>M. Lisle</u>	1.79m	1976	<i>Brian Thompson</i>	2.00m	1991	<u>Richard Laws</u>	2.07m	1994
Pole Vault	<u>Peter Eyre</u>	3.55m	1989	<u>Tim Parkin</u>	4.40m	2008	<u>Andrew Wake</u>	4.50m	1988
Long Jump	<u>David Conway</u>	6.54m	1978	John Bell	6.72m	1990	<u>Andrew Thornton</u>	7.10m	1996
Triple Jump	<u>William Armstrong</u>	12.88m	1974	<u>William Armstrong</u>	13.62m	1975	<u>Scott Hall</u>	14.56m	2012
Javelin	Terry Morgan	48.40m	2009	<u>Jason Oakes</u>	60.20m	1994	Jason Oakes	55.63m	1995
Discus	<u>Ruaridh Lang</u>	42.52m	2015	<u>James Wordsworth</u>	52.27m	2019	<u>James Wordsworth</u>	50.42m	2021
Shot	<u>D. Craig</u>	15.03m	1975	<u>Andrew Knight</u>	16.87m	2018	<u>William Curley</u>	14.11m^	1971
Hammer	Stephen Watson	49.73m	1973	Phil Scott	58.70m	1972	<u>Phil Scott</u>	56.54m^	1973
Com. Events	<u>Luke Pichler</u>	3076	2022	<u>Luke Pichler</u>	4638	2023	<u>Oliver Herring</u>	5931	2018

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